Kaplan Nursing Entrance Exam Preparation Guide

All students who want to enter the Nursing program at Germanna Community College must take the Kaplan Admission Test. There are very few free study resources available for the test; however, study material created by Kaplan can be purchased through the Germanna Community College Bookstore, as well as other book vendors.

The test is administered by Germanna’s Locust Grove Testing Center and the Stafford Testing Center. Students must make an appointment to take the test by emailing LGCTesting@germanna.edu and using “ATTN: KAPLAN” as the email subject. Appointments are confirmed via email within 7 business days, and no test will be administered without confirmation. For more information about taking the Kaplan Admission Test, please visit Germanna Testing Services’ website at https://www.germanna.edu/testing/nursing-health-testing/.

Tips for Taking the Test

- Students cannot skip questions and must answer each question before proceeding to the next.
- Students cannot go back to previous questions within a section.
- Once students have clicked “End Section,” they cannot return to that section.
- There is an on-screen calculator available for the math portion of the test.
- Students will be able to view their results immediately after the test.
- Students should not use their browser’s back arrow button during the test.

This resource handout includes test section descriptions, practice questions, and answers for the Reading, Math, Writing, and Science sections of the Kaplan Admission Test provided by Kaplan. Additional resources are available by visiting the Academic Center for Excellence’s website at https://www.germanna.edu/academic-center-for-excellence/ or by referencing the final pages of this handout. Since many of the resources are listed with a hyperlink to the source, we recommend accessing this handout from our website at https://www.germanna.edu/academic-center-for-excellence/helpful-handouts/.
Kaplan’s Admission Test is a tool used to determine if students have the academic skills necessary to perform effectively in a school of nursing. The Admission Test is a 91-question, multiple-choice test that evaluates the basic reading, math, writing and science skills of students seeking entry into a nursing program leading to RN licensure.

Reading Section

The reading section contains 22 questions to be answered in 45 minutes. The topics will vary and may contain a science, nature, or historical theme. Candidates read four passages and answer questions that measure the essential skills required for reading:

- Determining the logic of a passage
- Comprehending details
- Drawing basic inferences
- Identifying the purpose of a passage

The following are examples of sample reading passage and questions. Note: Paragraphs are numbered.

Example 1:

1) We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

2) All legislative Powers herein granted shall be vested in a Congress of the United States, which shall consist of a Senate and House of Representatives.

1. Which of the following statements BEST expresses the main idea of paragraph 1?
   A. It states the fundamental purposes, principles, and goals of the government.
   B. It states that all people should be happy.
   C. It states that legislative powers will consist of a Senate and House of Representatives.
D. It states that government will keep the people from being governed by other countries.

2. What is the author’s main purpose in writing this passage?
   A. It explains how the government will provide security for all.
   B. It analyzes the reason for government.
   C. It persuades the reader to learn more about the government.
   D. It identifies the ideas for which the government stands.

Example 2:

Questions 3-4 are based on the following passage.

Many mammals instinctively raise their fur when they are cold — a reaction produced by tiny muscles just under the skin that surround hair follicles. When the muscles contract, the hairs stand up, creating an increase in air space under the fur. The air space provides more effective insulation for the mammal’s body, thus allowing it to retain more heat for longer periods of time. Some animals also raise their fur when they are challenged by predators or even other members of their own species. The raised fur makes the animal appear slightly bigger and ideally, more powerful. Interestingly, though devoid of fur, humans still retain this instinct. So, the next time a horror movie gives you “goosebumps”, remember that your skin is following a deep-seated mammalian impulse now rendered obsolete.

3. The “increased air space under the fur” mentioned in the passage serves primarily to:
   A. Combat cold.
   B. Intimidate other animals.
   C. Render goosebumps obsolete.
   D. Cool overheated predators.
4. Based on the passage, the author would most likely describe “goosebumps” in humans as:

A. An unnecessary and unexplained phenomenon.
B. A harmful but necessary measure.
C. An amusing but dangerous feature.
D. A useless but interesting remnant.

Math Section

The math section contains 28 questions to be answered in 45 minutes. The questions contain basic arithmetic to algebra and are in the form of a basic equation or word problem. The test measures the candidate’s ability to apply mathematical principles in the following areas:

- Conversions
- Operations
- Ratios
- Word problems

The following are examples of sample math equations.

1. Which of the following equations is true?
   A. \( \frac{500}{1500} = \frac{1}{2} \)
   B. \( \frac{1}{2} + \frac{3}{4} - \frac{1}{8} = 1 \frac{1}{8} \)
   C. \( 0.001 = 10\% \)
   D. \( 53.3 + 30.5 - 22.88 = 60.53 \)

2. Which of the following equations is true?
   A. \( 0.0053 = \frac{53}{10000} \)
   B. Ratio of 2 to 3 is the same as 23%
   C. 42 divided by 0.123 = 0.341
   D. \( 4/5 \) divided by \( 2/3 \) = \( 1 \frac{2}{3} \)
3. If \( \frac{X}{5} + 3 = 75 \), then \( X \) equals ____.

4. A child is given an allowance of $1.25 per day for chores. The parent says they will increase the allowance by 75 cents per day after a month. What is the percent increase the child receives?

5. A 6-year-old-child with a congenital heart disorder is admitted with congestive heart failure. Digoxin (Lanoxin) 0.12 mg is ordered for the child. The bottle of Lanoxin contains 0.05 mg of Lanoxin in 1 mL of solution. Which of the following amounts should the nurse administer to the child?
   A. 1.2 mL
   B. 2.4 mL
   C. 3.5 mL
   D. 4.2 mL

Writing Section

The writing section contains 21 questions to be answered in 45 minutes. Candidates read nine passages and answer questions that measure the essential skills required for writing:

- Assessing passage development
- Assessing paragraph logic
- Assessing mechanics of writing

The following are examples of sample writing questions. Note: Each sentence is numbered.

1. By the time you take the NCLEX-RN® examination, you will be out of nursing school for 1-3 months. 2. Remember that old saying, “What you are not learning, you are forgetting”? 3. Because this is a test about safe and effective nursing care, you must remember all that you can to select correct answers.

4. You must also master exam-style questions. 5. It is essential that you be able to correctly identify what each question is asking. 6. To master test questions, you must practice
answering them. 7 We recommend you answer hundreds of exam-style questions, especially at the application level of difficulty. 8 And have a good understanding of nursing content. 9 Memorize facts so you can answer by recall.

1. Which sentence in the last paragraph is missing a subject?
   A. Sentence 6
   B. Sentence 7
   C. Sentence 8
   D. Sentence 9

2. Which sentence includes an unnecessary word?
   A. Sentence 2 includes unnecessary word that.
   B. Sentence 3 includes unnecessary word that.
   C. Sentence 6 includes unnecessary word test.
   D. Sentence 7 includes unnecessary word especially.

3. Where is the best place to add this sentence?

   You must study content that is integrated and organized like the NCLEX-RN® exam.

   A. Before sentence 2
   B. After sentence 3
   C. Before sentence 5
   D. After sentence 8

**Science Section**

The science section contains 20 questions to be answered in 30 minutes. The test measures the candidate’s knowledge of physiology in the following areas:

- Cardiovascular system
- Electrolytes
- Gastrointestinal system
• Immune system
• Neurology
• Renal system
• Hematological system
• Homeostasis
• Respiratory system
• Sensory system

The following are examples of sample science questions.

1. Which statement is true about the transport of oxygen in the lungs?
   A. It acquires carbon dioxide and removes nitrogen.
   B. A demand for more oxygen requires an increase in cellular metabolism.
   C. Diffusion occurs at the bronchioles capillary junctions.
   D. Increase rate of respirations is controlled by an increased fever.

2. Fluid balance alterations can result from what factors?
   A. Fluid shifts due to a burn injury.
   B. High blood levels such as extracellular fluid
   C. Stimulation of the parasympathetic system.
   D. The neurological system correcting an excess of a metabolic acid.

3. Which statement is true?
   A. The large intestine absorbs most nutrients.
   B. Infection is fought by the somatic nervous system.
   C. Granulocytes respond quickly to infectious agents.
   D. Endocrine glands release hormones by active transport.
4. Which of the following is a function of bone?
   1) Formation of blood cells
   2) Protection of vital organs.
   3) Framework for movement.
      A. 1 only
      B. 2 only
      C. 3 only
      D. 1, 2, and 3

5. The rate of breathing is controlled by involuntary centers in the:
   A. Cerebrum
   B. Cerebellum
   C. Medulla oblongata
   D. Spinal cord
# Answer Key

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<td>2. D</td>
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<td>3. A</td>
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<td>4. D</td>
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<td>2. A</td>
<td>2. A</td>
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<tr>
<td>3. X = 360</td>
<td>3. D</td>
</tr>
<tr>
<td>4. 60%</td>
<td>4. C</td>
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<tr>
<td>5. 2.4 mL</td>
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## Additional Resources

### Section I: Reading

Resources for studying reading comprehension:

- Helpful Handouts are available at [https://www.germanna.edu/academic-center-for-excellence/helpful-handouts/](https://www.germanna.edu/academic-center-for-excellence/helpful-handouts/)
  - Controlling Idea/Topic Sentences
  - Guide to English Grammar

- Academic Links are available at [https://www.germanna.edu/academic-center-for-excellence/academic-links/](https://www.germanna.edu/academic-center-for-excellence/academic-links/)
  - Guide to Grammar and Writing
  - Reading Comprehension Practice

### Section II: Math

Resources for studying math skills:

- Helpful Handouts are available at [https://www.germanna.edu/academic-center-for-excellence/helpful-handouts/](https://www.germanna.edu/academic-center-for-excellence/helpful-handouts/)
Metric Conversions
Order of Operations and Signed Numbers
Resources for Reviewing Basic Math Skills
Introduction to Word Problems
Decimals, Fractions, and Percents
Introduction to Fractions
Squares, Cubes, and their Roots
Divisibility Rules

Academic Links are available at https://www.germanna.edu/academic-center-for-excellence/academic-links/
- Purplemath.com
- Thatquiz.org
- Virtualnerd.com

Additional math videos are available from Khan Academy at https://www.khanacademy.org
- Simplifying Fractions
- Fractions and Mixed Numbers
- Multiplying Fractions
- Dividing Fractions
- Adding and Subtracting Fractions
- Adding and Subtracting Fractions with Unlike Denominators
- Order of Operations
- Decimals
- Adding and Subtracting Decimals
- Multiplying Decimals
- Percent
- Adding and Subtracting Integers
- Multiplying and Dividing Integers
Simplifying Algebraic Expressions
Solving Linear Equations
Scientific Notation
Solving a Proportion

Section III: Writing

Resources for studying writing skills:

Helpful Handouts available at https://www.germanna.edu/academic-center-for-excellence/helpful-handouts/

Comma Rules
Guide to English Grammar
Common Adjective and Adverb Errors
Verb Tenses
Five Fixes for Run-ons and Comma Splices
Possessives
Prepositions
Pronoun Antecedent Agreement
Pronoun Case
Spelling Noun Plurals
Subject-Verb Agreements

Academic Links are available at https://www.germanna.edu/academic-center-for-excellence/academic-links/

Guide to Grammar and Writing
JMU Online Writing Tips and Resources
Section IV: Science

Resources for studying anatomy and physiology:

Academic Links are available at https://www.germanna.edu/academic-center-for-excellence/academic-links/

- Khan Academy Anatomy and Physiology
- Get Body Smart
- WebAnatomy
- Human Anatomy – San Diego Mesa College